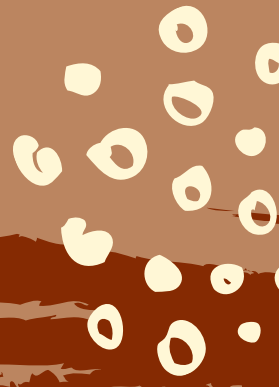


In-Sync & Social Newsletter



NEWS

This newsletter was created with help from our adult group.



1 West 3rd Street
Media, PA 19013

Summer is over, school has begun and Fall is officially here! We hope that you are all enjoying the fall weather, orchards, hayrides and pumpkin picking!

We have spent August and September settling into our new building with lots of trips into the community to practice our social skills. Some of our field trips have included ice cream trips, playgrounds, nature walks, and visiting the library. It has been a great way to practice expected and unexpected behaviors, how to talk to new people and being flexible in different environments.

HOW TO FIND US

484-321-1358



@insyncandsocial



insyncandsocial



insyncandsocial@gmail.com

CRAFT SALE

Our adult group has made fall themed tea-light mason jars to sell for the season. All proceeds will be donated to a children's charity. Please email us by October 22 if you are interested in purchasing one!



NEW GROUPS FORMING

We are currently forming new groups for tweens, teens, and adults. Groups will focus on initiating and maintaining friendships, conversation skills, self-determination, assertiveness, community social skills, and coping strategies. Please email if interested or to find our more information.

*This building is wheelchair accessible.

ACTIVITY IDEAS & TIPS

- A great list of Halloween tips from the autism blog: <http://theautismblog.seattlechildrens.org/8-tips-for-a-safe-halloween-for-your-child-with-autism/>

- Fall themed social-emotional activities: <http://www.kiddiematters.com/fall-themed-social-emotional-skills-building-activities-for-children/>

- Fall yoga poses: <https://www.kidsyogastories.com/autumn-yoga/>

